

RESEARCH ARTICLE

The societal cost of heroin use disorder in the United States

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Abstract

Objective

Heroin use in the United States has reached epidemic proportions. The objective of this paper is to estimate the annual societal cost of heroin use disorder in the United States in 2015 US dollars.

Methods

An analytic model was created that included incarceration and crime; treatment for heroin use disorder; chronic infectious diseases (HIV, Hepatitis B, Hepatitis C, and Tuberculosis) and their treatments; treatment of neonatal abstinence syndrome; lost productivity; and death by heroin overdose.

Results

Using literature-based estimates to populate the model, the cost of heroin use disorder was estimated to be \$51.2 billion in 2015 US dollars (\$50,799 per heroin user). One-way sensitivity analyses showed that overall cost estimates were sensitive to the number of heroin users, cost of HCV treatment, and cost of incarcerating heroin users.

Conclusion

The annual cost of heroin use disorder to society in the United States emphasizes the need for sustained investment in healthcare and non-healthcare related strategies that reduce the likelihood of abuse and provide care and support for users to overcome the disorder.

Introduction

The widespread availability and use of heroin has created a major public health crisis in the United States. The number of heroin users doubled from 2000 to 2013, rising from 1.0 per 1,000 persons in 2000 to 2.0 per 1,000 persons in 2013; heroin overdose deaths have also more than tripled since 2002.[1–4] There are tremendous personal and social costs to heroin use



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disorder, and an economic argument can be made for the need to invest in education, prevention and rehabilitation services, as well as legislative reform to address this issue. Heroin users are less productive than other society members due to premature death; enrollment in drug treatment centers; and drug-related hospitalizations, absenteeism, and unemployment.[5–7] High rates of criminal activity and incarceration among heroin users further exacerbate the societal economic burden due to direct costs (e.g. value of stolen property and cost of incarceration) as well as productivity loss during incarceration.[8, 9] Additionally, heroin use, specifically via injection, is associated with several chronic infectious diseases—Hepatitis C (HCV), Hepatitis B (HBV), HIV-AIDS, and Tuberculosis (TB).[10–12] The treatment costs for these chronic conditions are substantial; for instance, HIV treatment is estimated to cost more than \$300,000 over a lifetime.[13]

The economic impact of heroin use disorder (the contemporarily accepted term for heroin addiction) to society in the context of the ongoing heroin epidemic is unclear. Characterization of the current economic burden of heroin use disorder is important to understanding the magnitude of its impact, which can subsequently inform the extent to which resources should be directed towards mitigating the devastating impact of heroin use disorder. Thus, the aim of this paper is to estimate the annual societal cost of heroin use disorder in the United States in 2015 US dollars; specifically, we sought to calculate the amount of money society would save if heroin use disorder was eliminated.

Methods

Model design

An analytic model was designed in TreeAge Pro 2017 (Williamstown, MA) to calculate the societal cost of prevalent heroin use disorder using the most recently available data (Fig 1). The model was structured using mutually exclusive ‘health states’ that related to all possible combinations of the following: incarceration or non-incarceration; chronic infectious diseases (HIV, HBV, HCV and TB, including no chronic infectious diseases); and health state (heroin use disorder and infectious diseases) treatment or no treatment. [14–17]

In the model, the overall population with heroin use disorder was stratified into incarcerated population and non-incarcerated populations. Throughout this study, the phrase “heroin user(s)” refers to users with heroin use disorder as we have operationalized it unless as a citation to another study, for which we defer to the original researchers’ definitions; the same is also true with the application of “heroin use” in this study. Subsequently, the model was structurally identical and only differentiated by the prevalence rates of health state occurrence. Each incarceration group was then stratified by the treatment of heroin use disorder. The infectious disease branches followed the heroin use disorder treatment branches in a similar arrangement (Fig 1). Certain other inputs, such as percentage of users treated for a health condition (e.g. heroin use disorder, chronic infectious diseases, etc.) and associated costs, overdose treatment and costs, neonatal abstinence syndrome (NAS) treatment and costs, lost productivity costs, and cost of heroin to the user, were not explicitly shown as branches, and relevant costs were instead applied to the model as a weighted average per branch; this process is described in more detail later in the methods section. The chronic infectious diseases and NAS along with their treatment costs were chosen for inclusion in the model due to their heightened risk in heroin users [14, 15], association with each other [16], and/or high cost of treatment.[17]

Mutually exclusive and exhaustive events occurred by literature-identified probabilities at each branching point shown in Fig 1. The model has been simplified; each symbol represents an identically structured clone of branches. The ordering of model branches from left to right was not reflective of the chronological order of events, but instead the conditional prevalence

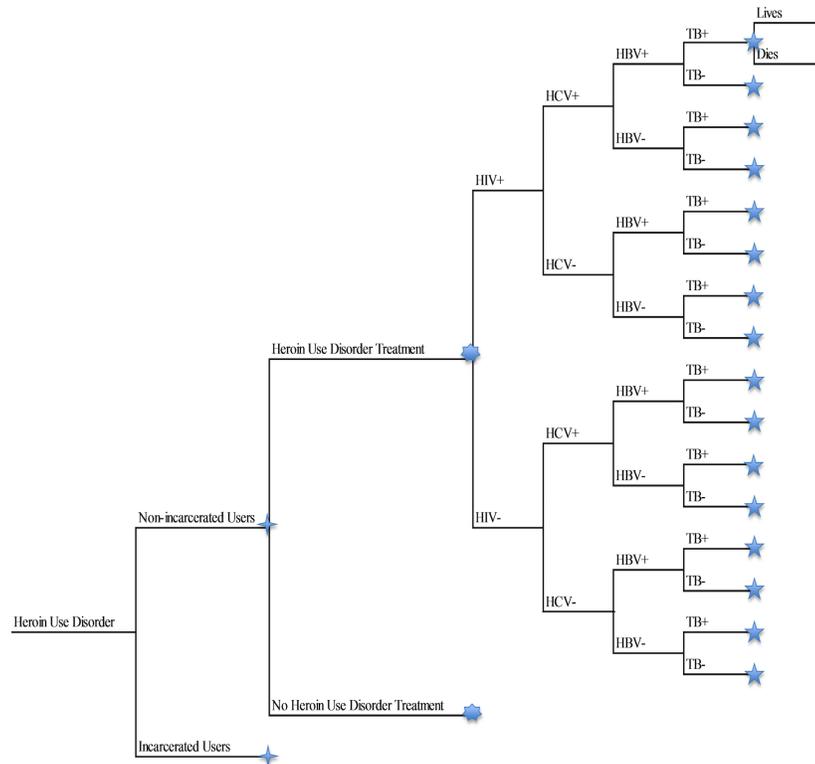


Fig 1. Simplified structure of the cost-analytic model. The cost-analytic model was used to assist in the calculation of a prevalence based estimate of the annual cost of heroin use disorder in the United States. Thus, only prevalent cases were included in the model. Not shown in model: Proportion of treatment applied for each chronic infectious health state.

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rates of combinations of states (e.g. an incarcerated individual having HBV as well if he/she is HCV-positive) in that pathway. Each pathway represents a mutually exclusive combination of health and incarceration states included in the model; further assumptions of the model are provided in [S1 List](#).

Model inputs

Medline, Google Scholar (each with results limited to English), and US governmental agency websites were searched to identify model inputs. The model inputs included: number of heroin users in the general and prison populations (used to estimate proportion of incarcerated users); prevalence rates, treatment costs, and treatment rates for heroin use disorder, infectious diseases, and NAS associated with heroin use; cost of incarceration; productivity loss due to heroin use or incarceration; crime costs associated with heroin use; cost of heroin to users; mortality due to heroin overdose; and probability and cost of heroin-related overdose ([Table 1](#)).

Costs of treatment for heroin use disorder, overdose, NAS, and infectious diseases were assumed to be the same amongst the incarcerated and non-incarcerated populations; these treatment costs were weighted by the rates of treatment for the condition to calculate an expected treatment cost for patients (not shown in [Fig 1](#)). Relevant drug overdose costs were also applied to each pertinent health state. For example, 33.9% of heroin users were projected to experience overdose and survive based on contemporary literature estimates. [44, 45] Only this proportion of living users was assumed to incur overdose treatment costs. A similar procedure was applied to NAS treatment costs. Patients were assumed to have remained in the

Table 1. Model inputs with years of publication for references.

| Variable | Non-incarcerated heroin users | | Incarcerated heroin users | |
|---|-------------------------------|------------------------------|---------------------------|------------------------------|
| | Model Input [ref] | Year of citation publication | Model input [ref] | Year of citation publication |
| Number of heroin users | 808,000[18] | 2015 | 200,000[9] | 2007 |
| Probability of use treatment | 0.110[19] | 2015 | 0.141[20] | 2007 |
| Cost of heroin use disorder treatment | \$9,187.08[21] | 2011 | \$9,187.08[21] | 2011 |
| Probability of HIV infection | 0.070[22] | 2015 | 0.310[23] | 2015 |
| Probability of HIV treatment | 0.305[24] | 2013 | 0.333[25] | 2010 |
| Cost of HIV treatment | \$23,681.71[26] | 2010 | \$23,681.71[26] | 2010 |
| Probability of having HCV given HIV+ | 0.800[27] | 2014 | 0.700[28] | 2005 |
| Probability of having HCV given HIV- | 0.769[29] | 1996 | 0.657[30] | 2005 |
| Probability of HCV treatment | 0.160[31] | 2008 | 0.160[31] | 2008 |
| Cost of HCV treatment | \$81,633.51[32] | 2016 | \$81,633.51[32] | 2016 |
| Probability of HBV given only HIV+ | 0.071[33] | 2003 | 0.082[34] | 2009 |
| Probability of HBV given only HCV+ | 0.081[35] | 2010 | 0.013[34] | 2009 |
| Probability of HBV given HIV+ and HCV+ | 0.081[35] | 2010 | 0.082[34] | 2009 |
| Probability of HBV given HIV- and HCV- | 0.035[36] | 2011 | 0.082[34] | 2009 |
| Probability of HBV treatment | 0.140[37] | 2014 | 0.140[37] | 2014 |
| Cost of HBV treatment | \$28,817.62[38] | 2004 | \$28,817.62[38] | 2004 |
| Probability of TB given HIV+ | 0.160[39] | 2008 | 0.160[39] | 2008 |
| Probability of TB given no chronic infectious diseases | 0.390[39] | 2008 | 0.390[39] | 2008 |
| Probability of TB treatment | 0.050[40, 41] | 2009,2009 | 0.050[40, 41] | 2009,2009 |
| Cost of TB treatment | \$545.15[42] | 2009 | \$545.15[42] | 2009 |
| Probability of overdose death while on use treatment | 0.0023[43] | 2015 | 0.0023[43] | 2015 |
| Probability of overdose death while not on use treatment | 0.0080[43] | 2015 | 0.0080[43] | 2015 |
| Probability of experiencing overdose and living | 0.339[44, 45] | 2013,2009 | 0.339[44, 45] | 2013, 2009 |
| Cost to treat each overdose | \$3369.71[44] | 2013 | \$3369.71[44] | 2013 |
| Cost of crime committed by each user | \$6795.77[21] | 2011 | N/A | N/A |
| Cost of incarceration | N/A | N/A | \$30,656.20[46] | 2015 |
| Lost productivity by non-incarcerated users who live ¹ | \$4,910.53[21, 47] | 2011, 2014 | N/A | 2011, 2014 |
| Lost productivity by non-incarcerated users who die ¹ | \$28,885.46[21, 47] | 2011, 2014 | N/A | N/A |
| Lost productivity by incarcerated users ¹ | N/A | N/A | \$28,885.46[21, 47] | 2011, 2014 |
| Probability of Neonatal Abstinence Syndrome treatment | 0.0148[48] | 2015 | 0.0148[48] | 2015 |
| Cost of Neonatal Abstinence Syndrome treatment | \$68,856.48[49] | 2015 | \$68,856.48[49] | 2015 |
| Cost of Heroin to User ² | \$19,004.32[50] | 2014 | N/A | N/A |

¹The median salary was included in the model because an individual would be capable of such earnings if he/she did not have heroin use disorder; in effect, society loses these earnings as the individual is unable to work at the same capacity as a normal member of society

²The cost of heroin to the user is N/A for incarcerated users to reflect that although users may have access to heroin while incarcerated, they are unlikely to be using currency to obtain the heroin; thus, the cost of heroin to user is assumed as \$0

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same health and/or incarceration state (e.g. incarcerated with HCV) for the entire year. Productivity losses were based on the median national wage for 2014 (converted to 2015 dollars) in the United States[47], which was the last year of data available at the time of this study. In accordance with a recent US Department of Justice Report, non-incarcerated, living patients lost 17% of their wages.[21] All costs were converted to 2015 dollars using the Consumer Price

Index (CPI); full cost updates are shown in [S1 Table](#). Only deaths directly attributed to heroin overdoses were included as part of the model, i.e. deaths due to infectious diseases were not included, because the rate of such deaths was substantially lower in comparison to the rate of overdose deaths; overdose death risks were assumed to be different between those who were on and off heroin use treatment.[\[43\]](#)

When several data sources were available for a model input, the following criteria were applied to guide selection for the base case: comparability of study population to US heroin users, study sample size, strength of study design, duration and recentness of study. When estimates were not available, the model was populated using similar data ([S1 List](#)) or inputs were derived using known information ([S1 Calculations](#)).

Sensitivity analyses

One-way sensitivity analyses were conducted for all inputs with multiple values found in literature by varying the values across ranges found in the literature; one-way sensitivity analyses were also conducted for specific inputs related to certain assumptions as necessary, even if no range of inputs was found in the literature. If variation in the model input caused the estimated cost of heroin use disorder to change by 10% or more, the estimate was considered to be sensitive to the model input. Monte-Carlo simulation was conducted with 100,000 iterations using all inputs which affected the estimated cost by at least 1% on one-way sensitivity analyses.

Results

Base case results

The estimated total cost of heroin use disorder in the United States was \$51.2 billion in 2015 US dollars, with an average of \$50,799 per heroin user ([Fig 2](#); [S2 Table](#)). Among the overall population with heroin use disorder, the productivity loss per user (\$9,809; 19.3%), HCV treatment (\$9,740; 19.2%), crime (\$5,447; 10.7%), incarceration (\$6,083; 12.0%), and cost of heroin to the user (\$15,234; 30.0%) constituted over 90% of the costs of heroin use disorder. The mean cost associated with a non-incarcerated heroin user was \$44,950; for each non-incarcerated user, productivity losses amounted to \$5,087 (11.3%); HCV treatment cost \$10,073 (22.4%); crime costs were \$5,491 (15.1%); and heroin cost to users were \$19,004 (42.3%). Each incarcerated heroin user cost society \$74,428, mostly driven by productivity loss (\$28,885; 38.8%), incarceration costs (\$30,656; 41.2%), and HCV treatment costs (\$8,755; 11.8%).

Sensitivity analyses

In one-way sensitivity analyses, when the number of individuals with heroin use disorder was varied between 324,000 (people currently using heroin)[\[18\]](#) and 1.5 million (chronic users—people who used heroin for 4 or more days in the last month)[\[50\]](#) based on possible different definitions of heroin use disorder, the total cost ranged from \$16.5 billion to \$76.2 billion, or 32.1% to 148.8% of base case cost ([Table 2](#) and [Fig 3](#)). Using a range of HCV treatment costs ranging from the past standard of care (\$18,977)[\[51\]](#) to the current standard of care for patients with cirrhosis (\$101,380)[\[32\]](#), the overall estimated cost was calculated to be between \$43.6 billion and \$53.2 billion (85.2% to 104.7% of base case). The model was sensitive to the cost of incarceration when it was varied between \$15,873 and \$65,300[\[52\]](#)—results ranged from 94.2% to 113.5% of base case value. The estimate was also sensitive to the cost of incarceration. When the proportion of users in prison was varied between 19.8%[\[9, 18\]](#) and 36%[\[9\]](#) (base case 19.8%), the overall estimate increased to \$56.0 billion (109.4% of base case). Full one-way sensitivity results are found in [S3 Table](#).

Using 100,000 samples in a Monte Carlo simulation with the top 9 model inputs that the model results are most sensitive to in one-way sensitivity analyses, the mean per-user cost was \$57,115.76 with a standard deviation (SD) of \$5,619.45 (95% confidence interval [CI] \$47,043.49 to \$68,620.78); the cost for the overall population was \$52.1 billion (SD \$20.1 billion; 95% CI \$19.7 billion to \$89.3 billion).

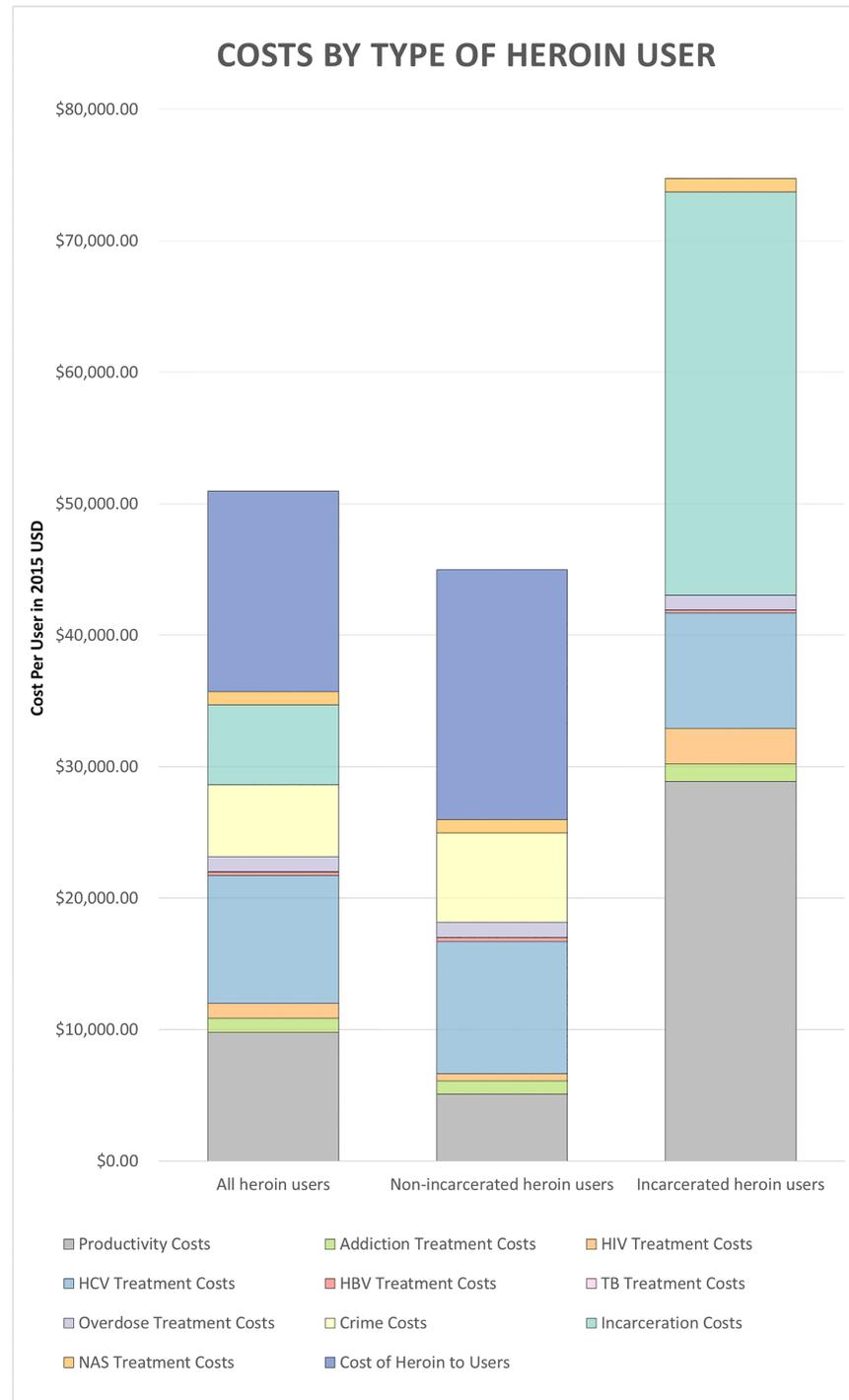


Fig 2. Costs per user by type of heroin user. Exact values contained in [S2 Table](#).

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Table 2. One-way sensitivity analyses results, in descending order of impact on results.

| Variable | Base Value [ref] | Low Input [ref] | High Input [ref] | Range of total heroin cost (in millions) | |
|---|------------------|-----------------|------------------|--|-------------|
| Number individuals with heroin use disorder | 1,008,000[9, 18] | 324,000[18] | 1,500,000[50] | \$16,458.92 | \$76,198.71 |
| Cost of HCV treatment | \$81,633.51[32] | \$18,977[51] | \$101,380[32] | \$43,614.85 | \$53,597.77 |
| Cost of incarceration | \$30,656.20[46] | \$15,872.80[53] | \$65,299.89[53] | \$48,248.85 | \$58,134.27 |
| Proportion of users in prison* | 0.198[9, 18] | 0.198[9, 18] | 0.36[9] | \$51,205.15 | \$56,006.82 |

*Marginally significant; 9.4% change from baseline

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Discussion

The US societal cost of heroin use disorder was estimated to be \$51.2 billion for 1,008,000 heroin users (an average of \$50,799 per user) in 2015 US dollars. To put the overall annual economic in context, we present the annual societal costs of some other chronic illnesses. For example, chronic obstructive pulmonary disease (COPD) was estimated to cost \$2,567 per patient (\$38.50 billion in 2015 dollars for 15 million patients), and diabetes was estimated to cost \$11,148 per patient (\$248.59 billion in 2015 dollars for 22.3 million patients).[54, 55] Our study helps to contextualize the cost per individual with heroin use disorder to society, which is substantially higher than the per-patient cost for conditions such as COPD and diabetes.

A previous study by Mark et al. estimated the societal cost of heroin addiction (the previous term for heroin use disorder) to be \$21.9 billion in 1996 dollars[56] (33.1 billion in 2015 dollars). The Mark et al. study estimated a per-user cost of \$55,167 in 2015 dollars, whereas our contemporary estimate from the current study was \$50,799. The substantial difference in total cost of heroin

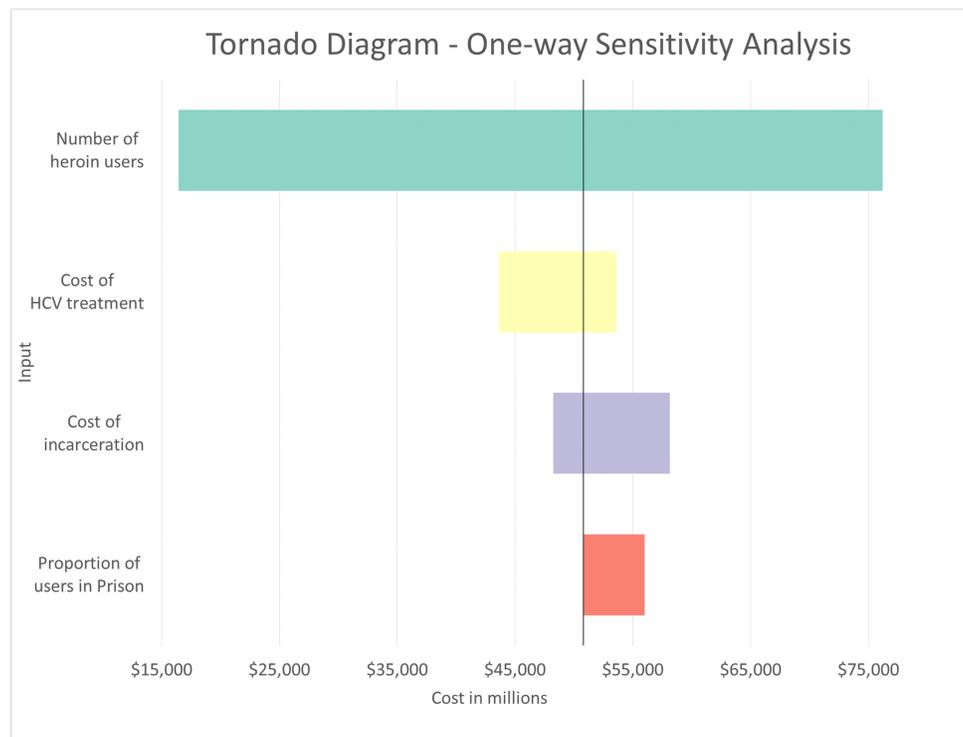


Fig 3. Tornado diagram one-way sensitivity analyses. Full values contained in S3 Table.

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addiction/user disorder, 51.2 billion versus 33.1 billion, despite similar per-user cost across studies, is likely the different population sizes included in each study; 1,008,000 was used as the population size in this study as compared to the 600,000 used in the Mark et al. study.[56]

Although both the Mark study and the present study calculated 1-year societal costs of prevalent heroin addiction/use disorder, the methods, scope, and population differed between studies. When a user died, Mark et al. quantified productivity loss for the remainder of the patient's working life, defined as the number of years between age at death and average retirement age.[56] This approach is typically only used in incidence-based studies[21] and overestimates the productivity loss contribution to the overall cost in a prevalence cost of illness study. Thus, the Mark et al. study inappropriately employed both prevalence-based (i.e. annual) and incidence-based (i.e. lifetime) cost of illness methods. In the present study, only the productivity loss for 1 year was included in the overall cost calculation following user death or incarceration to maintain consistency with the typical prevalence cost-of-illness study methods.[57] If we used comparable methods, our estimates would have been substantially higher. Productivity loss accounted for 52.6% of the overall costs in the Mark et al. study (\$29,018 in 2015 dollars)[56] as compared to the 19.3% of the overall costs in this study (\$9,809). Finally, the demographics of the heroin-using population have changed since the 1990s (with a greater proportion of women and larger proportion who are White), and model inputs for disease, crime, and others for cost calculation likely changed as well.[58, 59] Thus, the populations studied in the Mark study and the present study are not directly comparable.

There are several limitations to estimating the societal cost of heroin use disorder. The nature of heroin use disorder is complex; nearly all (96%) of heroin users abused at least 1 other substance (prescription opioids, marijuana, alcohol).[2] Additionally, some evidence suggests that many patients transition from prescription opioids to heroin,[60] while other evidence suggests prescription opioid abuse and heroin use disorder are separate phenomena.[61] Thus, the degrees of overlap between the abuses of various substances are difficult to determine without making assumptions that are difficult to verify. We chose to report the data on heroin use disorder as is as not to introduce additional error by adding more assumptions.

Although the model was developed while considering both available data and clinical knowledge, some conditional probabilities of disease prevalence were not found in the literature; in the absence of these figures, certain assumptions were made (S1 List). For example, HIV was assumed to be the most important risk factor for TB [16], thus the prevalence of TB in all HIV-positive patient groups was assumed to be the same, regardless of what other chronic disease(s) were present in the group. Intravenous drug use is a shared risk factor between all the chronic infectious diseases;[56, 62] thus, due to the interdependent nature of the diseases, such an assumption of disease prevalence rates undervalues the proportions of users with co-infection and leads to underestimation of the costs of heroin use disorder. Acute infections (e.g. pneumonia, skin and soft tissue infections) associated with heroin use were also not included in this study due to the difficulty of obtaining an accurate cross-section estimate of such illnesses, again underscoring the conservative nature of our estimate.

The downstream externalities of heroin use disorder, treatment of chronic infection(s), and treatment of heroin use disorder were not captured in this model. Treatment of these patients for their disease(s) may drastically reduce their chances of transmitting the viruses to others [63, 64], and treating patients' heroin use has been shown to decrease rates of new infections.[65] If IV drug users with heroin use disorder were studied through their entire drug use lifetimes with yearly addition of incident users into the model, the effects of such interventions could be better quantified. Further, public health initiatives such as needle-exchange programs and their resulting impacts were not included in this analysis. Additional research is needed on the impact of these externalities and public health programs.

The generalizability and reliability of estimates for some model inputs were limited, as the source studies were often conducted in a single location with a small sample size. It is challenging to conduct studies on drug using populations (e.g. to measure the prevalence of infectious diseases), particularly imprisoned heroin users.[66, 67] For inputs for which several published studies exist, prevalence rates often varied widely for both incarcerated and non-incarcerated populations. To explore the impact of these different estimates on the results, literature-based input ranges were evaluated across the input spectrum to explore their impact on the results; the results were robust to most inputs (S3 Table). A major unknown factor was whether incarcerated and non-incarcerated patients with heroin use disorder were treated at similar frequencies for health conditions and/or addiction treatment; this uncertainty was evaluated in one-way sensitivity analysis by varying the ratio of treatment of incarcerated individuals to non-incarcerated individuals by 25% (0.75 to 1.25). The estimate was found to be robust to this variation as shown in S3 Table. Overall, the model results were also robust to probabilistic sensitivity analyses for per-user cost; the Monte Carlo simulation demonstrated a wide range for the total heroin user disorder cost to society, further emphasizing the uncertainty in the estimated number of individuals with heroin use disorder in the US.

A major strength of this study was the consistent application of a prevalence-based approach to estimating cost of illness and careful choice of inputs based on stated criteria for the population of interest. Additionally, the model-guided calculation of cost of heroin use disorder in this study allowed for the detailed determination of productivity loss and treatment costs by health state. Mark et al. chose to sum relevant costs and applied a different framework than the approach of this study and could then include a wider scope of costs.[56] Although the structured model design narrowed the scope of this study (e.g. did not allow for inclusion of social welfare costs), the model did allow for a more precise estimate by considering information specific to each health state, such as the distribution of patients with infectious disease (s) and the proportion of treated patients.

Sources vary in the prevalence of heroin use disorder, depending on the definition by the researcher; 200,000 incarcerated heroin users,[9] 324,000 current heroin users (previously referred to as physically dependent on heroin),[18] 808,000 past-year heroin users (previously referred to as heroin use disorder)[18], and 1.5 million total users who used heroin at least 4 times in the past month[50] have all been published in the literature. To be clear, in 2015, the National Survey on Drug Use and Health (NSDUH) survey, the yearly survey from which we draw our data, changed its wordings from heroin use disorder to past-year heroin use and from heroin physical dependence to current use.[68] The figures between years are assumed to be comparable to their former wording by Substance Abuse and Mental Health Services Administration (SAMHSA), the administrator of the NSDUH; thus, past-year heroin use is synonymous with heroin use disorder (or addiction, the previously accepted term) and current heroin use is synonymous with heroin physical dependence. The discrepancy in estimates may be attributed to the different definitions used by various agencies, e.g. past-year user, use of heroin for 4 or more days per month, etc., but a precise estimate of heroin use disorder may be nearly impossible due to issues previously described.[66] Similarly, various studies on disease prevalence, treatment costs, etc. operationalized heroin addiction/heroin use disorder differently or did not report the exact definition used; out of necessity, the reported estimates were used in our study even if the study definition was not identical to that used in our study.

In choosing a base-case value for the number of individuals with heroin use disorder, we expected past-year users/users with heroin use disorder and current/physically dependent users to have similar societal costs, and exclusion of users who were not heroin dependent nor actively currently using heroin from the study would severely underestimate the cost of heroin use disorder. Additionally, defining chronic heroin use as those who used at least 4 times in

the past month[66] may be over-estimating the population heavily impacted by heroin use disorder. Thus, heroin use disorder was operationalized as heroin use within the last year (808,000 adult non-incarcerated users [18] in 2015). Minors with a heroin use disorder (21,000 individuals aged 12 to 17)[18] were excluded from the study because their cost to society may be systematically different from the adult population. The omission of past-year heroin users less than 18 years of age likely biased the estimate downwards.

The range of 324,000 (people currently using heroin)[18] to 1.5 million (chronic users of heroin[50]) was tested to evaluate the change in results with varied definitions of heroin use disorder (Fig 2; S3 Table). In the base case, the non-incarcerated population was assumed to not overlap with the incarcerated population; by varying both the number of heroin users and the portion of incarcerated heroin users (19.8% to 36%[9]) individually, the robustness of this assumption was tested. The estimate was sensitive to the number of users and marginally sensitive to the portion of incarcerated users.

The total cost was also sensitive to the cost of HCV treatment. Because the cost of HCV treatment has recently increased dramatically due to the introduction of several novel HCV treatment options,[59] this aspect of model sensitivity is especially relevant. As compared to the previous standard of care (ribavirin and pegylated interferon), these new options allow the HCV treatment regimen to be entirely oral, contain a more favorable side effect profile, have increased cure rates, and require shorter treatment duration.[69] However, these treatments can range in cost from \$83,000 to over \$150,000 for a course of therapy. Although the medications have been shown to be cost-effective, concerns about the affordability may prevent complete adoption of these medications as first-line treatment.[69, 70] As demonstrated in our sensitivity analysis, if the cost of current HCV treatment remained the same price as that of pegylated interferon and ribavirin (18,977),[51] the total cost of heroin use disorder would have decreased 14.8% to \$43.6 billion.

Without meaningful public health efforts, the number of heroin users is likely to continue to grow; the downstream effects of heroin use, such as the spread of infectious diseases[56, 62] and increased incarceration due to actions associated with heroin use,[56] compounded by their associated costs would continue to increase the societal burden of heroin use disorder. The results of the sensitivity analyses suggest that implementation of healthcare policy which targets reduction in the number of heroin users and decreases in the cost of HCV treatment may help to mitigate healthcare costs and productivity losses associated with heroin use. The high cost of incarcerated heroin users compared to non-incarcerated users suggests that criminal laws aimed to reduce the number or proportion of incarcerated heroin users may help to control costs. In March 2016, the Obama administration announced plans to focus on treatment of heroin use disorder/addiction rather than incarceration so that former users may return to full productivity.[71, 72] Increased treatment for heroin use disorder may also reduce the users' heroin expenses; Substance Abuse and Mental Health Services Association (SAMHSA) implemented new legislation in August 2016 to increase the buprenorphine treatment limit per qualified doctor from 100 patients to 275. This policy may be especially helpful in rural areas where there is a shortage of buprenorphine prescribers and where many heroin users reside. Although these policies should be beneficial in reducing both the humanistic and economic outcomes of heroin use disorder in principle, the effect of these policies on societal cost of heroin use disorder remains to be seen.

Despite the limitations of this study, many of which are inherent to cost of illness studies, the study provides important evidence to inform policy on combating the heroin epidemic. The societal cost of heroin use disorder has not been characterized since 1996, and the results of this study use the most recently available data and trends to provide a cost estimate of the burden of heroin use disorder to society in the United States. Even with a comparatively

narrow perspective, heroin use disorder exacts a tremendous cost to society at \$50,799 per user. Possible targets for reduction of the societal cost of heroin use disorder such as reducing the overall number of heroin users, reducing the proportion of users who are incarcerated, and others were also identified. Downstream effects of heroin use such as newly acquired infections due to needle sharing or high-risk sexual behaviors and the effects of heroin use disorder and chronic infectious disease treatments were not captured in this study; additional research is needed for better characterization of these outcomes.

Supporting information

S1 Calculations. Calculations for inputs derived from published sources.

(DOCX)

S1 List. Model assumptions.

(DOCX)

S1 Table. Conversion of costs found in literature to 2015 costs using consumer price index.

(DOCX)

S2 Table. Results: Costs by type; shown by heroin user classification (population total and by incarceration status).

(DOCX)

S3 Table. Full one-way sensitivity analyses results.

(DOCX)

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Formal analysis: ASP TL IL RJ.

Funding acquisition: ASP TL IL RJ.

Investigation: ASP TL IL RJ.

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Project administration: ASP TL IL RJ.

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