Selected Resources for the
Polysomnography Program
2015

The College of DuPage Library is located in the Student Resource Center. During the academic year, the Library is open every day of the academic year at the following times:

**Regular Hours:**

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday - Thursday</td>
<td>7:30am - 10:00 pm</td>
</tr>
<tr>
<td>Friday</td>
<td>7:30 am - 4:30 pm</td>
</tr>
<tr>
<td>Saturday</td>
<td>9:00 am - 4:30 pm</td>
</tr>
<tr>
<td>Sunday</td>
<td>12 noon - 6:00 pm</td>
</tr>
</tbody>
</table>

For a current listing of holiday Library closings and adjusted vacation operating hours (when classes are not in session), consult [http://codlrc.org/hours](http://codlrc.org/hours).

The Library Reference staff consists of 20 (10 full-time and 10 part-time) professional librarians and 11 reference assistants. The Library has two reference stations located on the main level and a third reference desk located on the Library’s second level. A minimum of one librarian and one reference assistant are scheduled upstairs and down with additional staffing added during peak service hours.

The library liaison to faculty and students in the Polysomnography Program is Debra J. Kakuk Smith, Professor, Reference Librarian. Smith is an experienced instructor and medical librarian. For more information see [http://codlrc.org/smith](http://codlrc.org/smith)

**Instruction and Reference Services**

Students can access the C.O.D. Library’s resources 24 hours a day, 7 days a week via the Internet at the URL [http://www.cod.edu/library](http://www.cod.edu/library). Students must use their library card barcode numbers to access electronic databases and to place holds, I-Share and Interlibrary Loans (ILL).

Students receive reference assistance in person, by phone, email, or instant message during library operating hours. The electronic (email) reference service is called “Ask a Librarian.” “Ask a Librarian” questions are answered throughout open hours of operation and students can expect a reply to their questions within 24 hours of submission. Users may instant message Librarians during open hours of operation using AOL Instant Messenger, Yahoo!, MSN, Google Talk, or Jabber chat services. Students may directly contact particular librarians as well. Smith’s contact information is: Debra J. Kakuk Smith, SRC 3149, smithkak@cod.edu, (630) 942-4305.

An online **Respiratory Care & Polysomnography Resource Guide** located at [http://codlrc.org/hs/rc](http://codlrc.org/hs/rc) provides students and faculty with: catalog links, recommended reference materials in the College of DuPage collection, Internet sites (including associations,
organizations, consumer/general information and reference sites), health information literacy information, and APA citation style tips. The materials range from those suitable for patient education to information geared to health science students and practicing professionals. The guide contains materials pertaining to their current studies as well as professional development resources. This research guide was created and is currently maintained with direct input from the Polysomnography and Respiratory Care Faculty.

Students have access to 100+ Gateway Workstations throughout the two floors of the main campus COD Library. In addition, wireless laptops with access to all library resources are available for student checkout and use within the library (including small group rooms and quiet study areas). The Library offers free wireless access for all users. The Library workstations and laptops have productivity software (Microsoft Office Suite) installed on them and a variety of printing options are available. Students can also load interactive, educational software and check-out headphones at the circulation desk. The workstations have software that reinstalls an original build every time the workstations are shut down or restarted. Reference librarians and computer support/print services staff are available to assist students with computer/technology-related questions.

A new Media Lab, http://codlrc.org/lab, is located in the Library’s lower level and is freely available to COD Library card holders. COD students can create and edit all kinds of digital audio, video, and images in the Lab containing four imaging stations and two separate A-V editing suites. The Lab features high-powered Mac workstations and popular media production software like Adobe's Creative Cloud suite and Avid Pro Tools. Students can use high quality photo scanners, drawing tablets, a 3D scanner, DSLR cameras, microphones, and other audio peripherals.

Faculty members are encouraged to schedule specialized library instruction and research assistance with the Health Science Division Librarian, Debra J. Kakuk Smith. The Library and Health Sciences faculty work together to create quality information literacy assignments that assist students in becoming lifelong learners. The library has six technical classrooms, including five hands-on computer labs equipped with enough workstations for (20-40 students) as well as an instructor station and digital projector. An additional library classroom is available with an instructor workstation, digital projector and three-dimensional document reader for demonstration classes. On and off campus classroom visits and instruction sessions can be arranged by contacting Debra J. Kakuk Smith.

Each semester of the academic year, including summer, the library offers free computer workshops for students to become Smart Online Searchers. Students may choose to attend, in-person or online, workshops on a wide-range of topics such as Introduction to the Library, Research Strategies, APA Documentation, Consumer Health, Job Seeking, Internet Basics and Advanced Online Search Strategies. Classes are offered during the day, evenings and weekends. Students can view information about current workshop offerings at http://codlrc.org/sos

Journals, Periodicals and Online Database Offerings

The College of DuPage Library provides access to journals and periodicals in support of the Polysomnography curriculum. Students in the program have access to periodicals through electronic databases. Through the College of DuPage Library Home Page (http://www.cod.edu/library/), Polysomnography students have 24 hour, 7 days a week access to the College of DuPage Library catalog and the article databases.
The College of DuPage Library subscribes to 120+ electronic databases and approximately 21,645 electronic books. Polysomnography students have access to numerous health and science related databases such as the Cumulative Index to Nursing and Allied Health Literature (CINAHL) Complete, Gale’s Academic OneFile, HealthSource: Nursing/Academic and Consumer (from EBSCO), ScienceDirect, Micromedex Health Care Series (including CareNotes), The Joanna Briggs Institute EBP Database, and MEDLINE. Full text access is also available to numerous journal articles on line which expands the library’s print periodical holdings for students and faculty.

In addition to “traditional” periodical databases, the C.O.D. Library provides Polysomnography students with access to ADAM Interactive Physiology (Networked version), full-text reference book access using The Gale Virtual Reference Center, and test preparation materials available in the Learning Express Library. Streaming Videos are also available from a variety of electronic video databases. For descriptions of COD Library’s Online Video databases, go to: http://codlrc.org/databases/videos-online

**Polysomnography Journals**

The College of DuPage subscribes to 478 print periodicals. Polysomnography students have access to 10+ online and print journals and magazines specific to sleep and over 49 journals related to the respiratory system. Many other Health and Medicine-related titles are available. The Library periodical holdings (online and in print) are available for perusal online in conveniently arranged subject lists at:

*Sleep-related Journals:*
http://sc9jf5ze6e.search.serialssolutions.com/?S=T_W_A&C=sleep&submit=Search&V=1.0&N=100&L=SC9JF5ZE6E

*49 journals found in Health & Biological Sciences: Medicine: Respiratory System Diseases:*
http://sc9jf5ze6e.search.serialssolutions.com/?V=1.0&L=SC9JF5ZE6E&N=100&SS_searchType=Journal=yes&S=SC&C=HE0339

(See Appendix B: Select Sleep and Respiratory Care Journals, pp. 7-13).

**Interlibrary Loan (ILL) & I-SHARE**

Students enrolled in the Polysomnography Program have 24-hour access to our Interlibrary Loan (ILL) Department. Students and faculty are able to search and submit their requests for journal and periodical articles, book chapters and books electronically from COD workstations or at home. The College of DuPage has online access to thousands of Online Computer Library Center (OCLC) Libraries in our local area and around the world. These libraries provide our students and staff with access to millions of items that are not available in our collection. The Ariel Document Delivery System allows our interlibrary loan department to request and receive student interlibrary loan materials electronically from locations worldwide. Documents received through Ariel can also be emailed directly to students and faculty.

In addition to traditional ILL, students and faculty now have access to I-Share borrowing. When searching COD’s catalog, Illinois holdings (including over 11.5 million unique bibliographic records and more than 36 million item records, representing the holdings of 82 Illinois College and Research Library I-Share member institutions) as well as international OCLC holdings appear. COD library users can request books from these participating Illinois libraries using their free I-Share accounts. While traditional ILL requests can take 5-10 days to arrive, I-Share requests typically arrive in 2-5 days.
Students and faculty may pick up their materials at the College of DuPage Library for free, or have the materials mailed to their homes for a minimum fee of $2.00 per package. For materials that must be returned, items can be mailed, or dropped off at convenient College of DuPage book drops located on the main campus as well as the Regional Centers in Westmont, Addison and Naperville, Illinois.

Students can request assistance with the use of journals and periodicals via the “Ask a Librarian” online reference service (email), via phone, or in person.

Print Collection

COD Library holdings in Polysomnography and related disciplines provide a broad range of materials that are relevant to the curriculum. Students with the desire to do more research in the medical areas have access to over 9,500 medical-related books, audiovisuals and software programs. New library materials (including journals, books, software, models, DVDs and VHS tapes) are added to the collection on an ongoing basis. Acquisitions are based on the recommendations of program faculty and the recommendations of the division librarian, Debra J. Kakuk Smith, who develops the collection and manages its budget. Ms. Kakuk Smith utilizes the *Doody’s Core Titles in the Health Sciences* list, *The Medical Library Association’s Master Guide to Authoritative Information Resources in the Health Sciences*, as well as other medical review resources to assist in ordering materials. The opinions and suggestions of program faculty regarding the current collection and possible new resources are solicited throughout the academic year. The division librarian coordinates weeding (deletion) of out-of-date materials with input from the program faculty. A core list of print, audio visual and software programs specific to the Polysomnography program is included with this report (See Appendix C: Select Polysomnography Library Resources, pp. 14-19).

College and Career Information Center

The College and Career Information Center (CCIC), located on the second floor of the library, provides a multimedia collection of information on educational opportunities, occupational choices, and job-seeking skills. Special databases are available to help in choosing an appropriate college or career. Trained staff members are on duty to assist users in this area and online assistance is available at http://codlrc.org/ccic. Examples of Polysomnography materials in the CCIC collection include licensure exam preparation review books; career guides for Polysomnography program graduates (videos as well as books); information on other academic institutions and admission tests/requirements; resume and interview materials for health care careers and Internet sites for Polysomnography-related organizations and associations.

Science Material and “Hands-On” Resources

In addition to the core Polysomnography program materials, the COD Library has an extensive collection of basic science material including: anatomy, physiology, chemistry, pharmacology, and microbiology. Students may also check out microscope slides, bones, anatomical models (See Appendix A), interactive software programs and other resources for hands-on experience and review. These items are physically housed at the Library’s Main-Floor Circulation Desk.

Audiovisual Materials

A variety of videos (VHS and DVD formats) and DVD ROM or CD ROM titles are contained in the College of DuPage library collection. Streaming Videos are available from a variety of electronic video databases. For descriptions of COD Library’s Online Video databases, go to:
Additional audio visual (and print) resources also are available in the collection on topics such as human anatomy and physiology, Universal Precautions, HIPAA regulations, transcultural medical delivery, medical ethical and legal issues and other topics pertinent to health care students, faculty and professionals. Program faculty often preview and provide feedback on the usefulness and accuracy of audiovisual materials (DVDs, VHS, CD-ROMs) prior to the Library purchasing the items. Program faculty review Library holdings to ensure clinical accuracy of content.

Individual video monitors, cassette and CD/DVD players as well as computer workstations are available on the first floor of the library for student and faculty use. A video viewing room is also available for group viewing. The Library has an audiovisual distribution center that delivers equipment to classrooms throughout the main campus and the west campus. The Library’s faculty “booking” system allows instructors to reserve and pick-up AV materials for classroom viewing. Audiovisual materials and equipment can also be delivered to off-campus classrooms and regional centers.

**Circulation Services**

Faculty may place specific materials on reserve at the Circulation Desk for students. Reserve materials ensure that all students will have access to reference materials or other high-demand items. The reserve collection contains anatomical models for use within the library.

Students are able to place materials on hold by phone or online by accessing the library’s Web site. Students may pick up hold materials at the circulation desk or have the materials mailed to them for a minimum fee of $2.00 per package. Students may return items by mail or drop them off at convenient College of DuPage book drops located on the main campus as well as the Regional Centers in Westmont, Addison and Naperville, Illinois.
Appendix A
College of DuPage
Library Anatomical Models

The library has a large collection of models that can be checked out for student use at the Main Circulation Desk of the Library. An updated list of Anatomy Models arranged by type is available at: http://codlrc.org/models. Browse by type of model or search by a specific model (AKA "stomach"). Individual model pages include detailed descriptions, a digital image, links to related models, location and availability.

Scientific Models main search page and sample entry:
Appendix B

Select Sleep & Respiratory Care journals in COD Library’s Periodical Holdings

*To View Available Polysomnography-Related Journals from the C.O.D. Library, go to:

Sleep-related journals:
http://sc9jf5ze6e.search.serialssolutions.com/?S=T_W_A&C=sleep&submit=Search&V=1.0&N=100&L=SC9JF5ZE6E
49 journals found in Health & Biological Sciences: Medicine: Respiratory System Diseases:
http://sc9jf5ze6e.search.serialssolutions.com/?V=1.0&L=SC9JF5ZE6E&N=100&SS_searchTypeJournal=yes&S=SC&C=HE0339
**varied availability includes paper, microform, online (full-text), or interlibrary loan options**
List current as of 7/20/2015

**Sleep-Related Journals**

Behavioral sleep medicine (1540-2002)

from 03/01/2003 to 01/23/2014 in Academic Search Complete

FOCUS : journal for respiratory care & sleep medicine

from 03/01/2003 to present in Academic OneFile
from 01/01/2012 to present in CINAHL Complete

Journal of sleep research (0962-1105)

from 03/01/1998 to 07/23/2014 in Academic Search Complete

Krames signs and symptoms fastguides: sleep disorders

from 12/01/2009 to present in Academic OneFile

Nature and science of sleep

from 01/01/2010 to present in Directory of Open Access Journals
from 01/01/2012 to present in Academic OneFile
from 12/01/2012 to present in Academic Search Complete

Open sleep journal

from 01/01/2008 to present in Directory of Open Access Journals

Sleep and biological rhythms (1446-9235)

from 02/01/2003 to 07/23/2014 in Academic Search Complete
Sleep and hypnosis (1302-1192)
  from 09/01/2004 to present in Academic Search Complete
  from 03/01/2006 to present in CINAHL Complete

Sleep disorders (2090-3545)
  from 01/01/2011 to present in Directory of Open Access Journals
  from 01/01/2013 to present in Academic Search Complete

Sleep review (1531-3034)
  from 01/01/2006 to present in Academic OneFile

Somnologie : Schlafforschung und Schlafmedizin = Somnology : sleep research and sleep medicine (1432-9123)
  from 02/01/2006 to 12/31/2009 in Academic Search Complete

**Health & Biological Sciences: Medicine: Respiratory System Diseases Journals:**

AARC times (0893-8520)
  from 02/01/2009 to present in CINAHL Complete

ACP. Applied cardiopulmonary pathophysiology (0920-5268)
  from 01/01/2006 to present in Directory of Open Access Journals

African journal of respiratory medicine (1747-5597)
  from 03/01/2011 to present in Academic Search Complete

Annals of respiratory medicine
  from 08/01/2011 to 08/31/2011 in Academic Search Complete

Annals of thoracic medicine (1817-1737)
  from 01/01/2006 to present in Academic OneFile
  from 01/01/2006 to present in Academic Search Complete
  from 01/01/2006 to present in Directory of Open Access Journals

Breathe (Lausanne, Switzerland) (1810-6838)
  from 01/01/2008 to present in Directory of Open Access Journals
Canadian journal of respiratory therapy : CJRT = Revue canadienne de la thérapie respiratoire : RCTR (1205-9838)
   from 12/01/2004 to present in CINAHL Complete

Case reports in pulmonology (2090-6846)
   from 01/01/2011 to present in Directory of Open Access Journals
   from 01/01/2012 to present in Academic Search Complete

Chest (0012-3692)
   from 05/01/1989 to 07/31/2006 in Academic OneFile
   from 07/01/2000 to 01/31/2005 in Academic Search Complete
   from 07/01/2000 to 01/31/2005 in Health Source: Nursing/Academic Edition

Chronic obstructive pulmonary disease (1541-2555)
   from 05/01/2004 to 01/23/2014 in Academic Search Complete

Clinical respiratory journal (1752-6981)
   from 07/01/2007 to 07/23/2014 in Academic Search Complete

Cough (London, England)
   from 01/01/2005 to present in Academic Search Complete
   from 01/01/2005 to present in BioMedCentral Open Access
   from 01/01/2007 to present in Academic OneFile

Current Medical Literature. Psychiatry (0957-770X)
   from 05/01/2003 to present in Academic Search Complete

Current medical literature. Respiratory medicine (1361-6706)
   from 05/01/2003 to 12/31/2010 in Academic Search Complete

European respiratory review (0905-9180)
   from 01/01/2005 to present in Directory of Open Access Journals
Experimental lung research (0190-2148)
  from 01/01/1999 to 01/23/2014 in Academic Search Complete
  from 01/01/1999 to 01/23/2014 in Health Source: Nursing/Academic Edition

FOCUS : journal for respiratory care & sleep medicine
  from 03/01/2003 to present in Academic OneFile
  from 01/01/2012 to present in CINAHL Complete

International journal of chronic obstructive pulmonary disease (1176-9106)
  from 01/01/2009 to present in Directory of Open Access Journals
  from 01/01/2012 to present in Academic OneFile

ISRN pulmonology
  from 01/01/2011 to present in Academic Search Complete
  from 01/01/2011 to present in CINAHL Complete

Jornal brasileiro de pneumologia (1806-3713)
  from 01/01/2004 to present in Directory of Open Access Journals

Journal of aerosol medicine (0894-2684)
  from 12/01/2007 to 12/31/2007 in Academic OneFile

Journal of asthma (0277-0903)
  from 02/01/2001 to 01/23/2014 in Academic Search Complete
  from 02/01/2001 to 01/23/2014 in Health Source: Nursing/Academic Edition

Journal of back and musculoskeletal rehabilitation (1053-8127)
  from 01/01/1999 to 07/23/2014 in Academic Search Complete
  from 01/01/1999 to 07/23/2014 in Health Source: Nursing/Academic Edition

Journal of respiratory diseases (0194-259X)
  from 08/01/1999 to 10/31/2008 in Academic OneFile
Journal of Respiratory Medicine (2356-7619)
   from 01/01/2013 to present in Directory of Open Access Journals

Lung disorders (1542-1961)
   from 01/01/2003 to present in Health Source: Consumer Edition

Multidisciplinary respiratory medicine (1828-695X)
   from 01/01/2010 to present in BioMedCentral Open Access
   from 01/01/2010 to present in Directory of Open Access Journals
   from 02/01/2010 to present in Academic OneFile

NPJ primary care respiratory medicine
   from 04/01/2014 to present in Directory of Open Access Journals

Open respiratory medicine journal
   from 01/01/2007 to present in Directory of Open Access Journals

Pneymōn (1105-848X)
   from 01/01/1999 to present in Directory of Open Access Journals

Primary care respiratory journal (1471-4418)
   from 01/01/2000 to present in Directory of Open Access Journals

Pulmonary medicine (2090-1836)
   from 01/01/2010 to present in Academic Search Complete
   from 01/01/2010 to present in Directory of Open Access Journals
   from 09/01/2012 to present in Academic OneFile

Pulmonary reviews (1086-4423)
   from 11/01/2006 to present in Academic Search Complete

Respiratory care (0020-1324)
   from 01/01/2007 to present in Academic OneFile
   from 02/01/2008 to present in CINAHL Complete
Respiratory care manager (1076-6030)  
from 01/01/2007 to 10/31/2008 in Academic OneFile

Respiratory case reports  
from 01/01/2012 to present in Directory of Open Access Journals

Respiratory medicine case reports  
from 01/01/2012 to present in Directory of Open Access Journals

Respiratory research (1465-9921)  
from 01/01/2000 to present in Academic Search Complete  
from 01/01/2000 to present in BioMedCentral Open Access  
from 01/01/2000 to present in Directory of Open Access Journals  
from 01/01/2007 to present in Academic OneFile

Respiratory therapeutics week (1543-6659)  
from 01/01/2003 to present in Academic OneFile

Respirology (Carlton, Vic.) (1323-7799)  
from 01/01/1999 to 07/23/2014 in Academic Search Complete

Scandinavian journal of gastroenterology (0036-5521)  
from 04/01/1998 to 01/23/2014 in Academic Search Complete

Shortness of breath  
from 01/01/2012 to present in Directory of Open Access Journals

Southwest journal of pulmonary & critical care  
from 01/01/2010 to present in Directory of Open Access Journals

Tanaffus (1735-0344)  
from 01/01/2002 to present in Directory of Open Access Journals
TB & outbreaks weekly (1531-6432)
  from 06/01/2000 to 12/31/2005 in Academic OneFile
  from 01/01/2008 to present in Academic OneFile

TB monitor (1082-8664)
  from 01/01/1997 to 12/31/2002 in Academic OneFile

Thorax (0040-6376)
  from 04/01/2001 to 03/31/2004 in Academic OneFile

Toraks dergisi (1302-7808)
  from 01/01/2000 to 12/31/2008 in Directory of Open Access Journals

Türk toraks dergisi (1302-7808)
  from 01/01/2008 to present in Directory of Open Access Journals
  from 09/01/2008 to 09/30/2011 in Academic OneFile
Appendix C

College of DuPage Library
Select Polysomnography Library Resources

Collection development and weeding is an ongoing process. This list reflects the status of SELECT Library materials on July 23, 2015. For the most complete, up-to-date Library holdings, search the COD Library Catalog: http://lrc.cod.edu/

Atlas of electroencephalography in sleep medicine
by Hrarr P. Altarian; Nidhi S. Undevia
Print book
Language: English
Database: WorldCat

Call numbers
General Collection
- RC547 .A85 2012

Atlas of sleep medicine
by Sudhansu Chokroverty; Robert J Thomas, (Professor of medicine)
Print book
Language: English
Publisher: Philadelphia, PA: Elsevier/Saunders, [2014]
Database: WorldCat

Call numbers
Reference
- RC547 .C476 2014

Clinical sleep disorders
by Paul R Carney; Richard B Berry; James D Geyer;
Print book
Language: English
Publisher: Philadelphia: Wolters Kluwer Health/Lippincott Williams & Wilkins, ©2011.
Database: WorldCat

Call numbers
Circulation Desk Books
- RC547 .C566 2012

Essentials of sleep medicine: an approach for clinical pulmonology
by M Safwan Badr;
Print book
Language: English
Database: WorldCat

Call numbers
Circulation Desk Books
- RC547 .E774 2012
Fisch and Spehlmann's EEG primer: basic principles of digital and analog EEG
by Bruce J Fisch; Rainer Spehlmann
Print book
Language: English
Publisher: Amsterdam [etc.]: Elsevier, cop. 2009.
Database: WorldCat
Call numbers
Circulation Desk Books
- RC386.6.E43 S64 2009
My Note: Edit Note

Fundamentals of sleep medicine
by Richard B Berry
Print book
Language: English
Database: WorldCat
Call numbers
Circulation Desk Books
- RC547 B47 2012
My Note: Edit Note

Fundamentals of sleep technology
by Cynthia Mattico; Rita Brooks; Teofilo L Lee-Chiong;
Print book
Language: English
Database: WorldCat
Call numbers
Circulation Desk Books
- RC547.F86 2012
My Note: Edit Note

Handbook of sleep medicine
by Alon Y Avidan; Phyllis C Zee;
Print book
Language: English
Publisher: Philadelphia: Wolters Kluwer Health/Lippincott Williams & Wilkins, ©2011.
Database: WorldCat
Call numbers
Circulation Desk Books
- RC547.A86 2011
My Note: Edit Note
Sleep: a comprehensive handbook
by Teofilo L Lee-Chiong;
Print book
Language: English
Database: WorldCat
Call numbers
Circulation Desk Books
- QP425 .L44 2006
My Note: Edit Note

Sleep disorders medicine: basic science, technical considerations, and clinical aspects
by Sudhansu Chokroverty;
Print book
Language: English
Database: WorldCat
Call numbers
Circulation Desk Books
- RC547 .S534 2009
My Note: Edit Note

Sleep medicine
by Christian Guilleminault;
Print book
Language: English
Database: WorldCat
Call numbers
General Collection
- RC547 .S544 2010
My Note: Edit Note

Sleep medicine in clinical practice
by Michael H Silber; Lois E Krahn; Timothy I Morgenthaler
Print book
Language: English
Database: WorldCat
Call numbers
Circulation Desk Books
- RC547 .S5224 2010
My Note: Edit Note